

Blueberry Breakfast Crisp



breakfast

POINTS® Value: 4

Servings: 2

Preparation Time: 2 min

Cooking Time: 15 min

Level of Difficulty: Moderate

Omit the granola in this no-bake crisp and the fruit mixture can be used as a delicious, fresh-tasting topping for waffles.

Ingredients

10 oz unsweetened frozen blueberries
3 tbsp sugar
2 1/2 tsp cornstarch
1/2 cup(s) blueberries
1/2 tsp orange zest
1/8 tsp table salt
1/4 cup(s) low-fat ready-to-eat granola cereal

Instructions

Combine frozen berries, sugar and cornstarch in a saucepan; bring to a boil, stirring frequently. Reduce to a simmer and cook until thickened, 2 to 3 minutes. Remove from heat, stir in fresh blueberries, orange rind and salt; set aside to cool for 10 minutes.

Meanwhile, in toaster oven or dry skillet, toast granola until lightly browned, about 3 to 4 minutes.

To serve, divide blueberry mixture among serving bowls and top with granola.

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