

Blue Cheese and Pear Salad



light meals

POINTS® Value: 2

Servings: 6

Preparation Time: 20 min

Cooking Time: 0 min

Level of Difficulty: Easy

Use red pears in this sweet, smooth, crunchy salad for an especially bright presentation.

Ingredients

- 1 bunch arugula, torn
- 1 head romaine lettuce, torn
- 3 medium pear(s), cored and thinly sliced
- 1/2 cup buttermilk
- 1/2 cup blue cheese
- 1 medium garlic clove(s), minced
- 1/4 tsp black pepper, ground
- 3/4 oz chopped walnuts, about 3 Tbsp, toasted

Instructions

- Divide arugula and romaine among plates. Arrange pears on greens.
- Combine buttermilk, cheese, garlic and pepper. Toss salad in dressing. Sprinkle with walnuts and serve.