

Recipe Renovation: Grilled Turkey Cheeseburgers



main meals

POINTS® Value: 7

Servings: 4

Preparation Time: 10 min

Cooking Time: 11 min

Level of Difficulty: Easy

These juicy turkey burgers should satisfy even the beef-lovers in your family.

Ingredients

- 1 pound lean ground turkey

1/4 cup ketchup

1 Tbsp Dijon mustard

4 slice fat-free hard or semi-soft cheese, such as 3/4 oz American slices

4 medium mixed-grain hamburger roll(s)

8 piece lettuce

1 small tomato(es), sliced

Instructions

Preheat grill or stove-top grill pan.

In a large bowl, combine turkey, ketchup and mustard. Mix well and form 4 equal patties, about 1-inch thick each.

Grill burgers until cooked through, about 5 minutes per side. Top each burger with 1 slice cheese; close grill or cover grill pan, and cook until cheese melts, about 1 minute.

Serve cheeseburgers on rolls with lettuce and tomato.