

Creamy Coleslaw



side dishes

Was **POINTS®** Value: 8

Now **POINTS®** Value: 1

Servings: 4

Preparation Time: 10 min

Cooking Time: 0 min

Level of Difficulty: Easy

Richly-flavored sesame oil and piquant cilantro add a distinctly Asian flavor to America's favorite side dish — lightened up.

Ingredients

- 3/4 pound packaged coleslaw mix (shredded cabbage and carrots)
- 1 medium red onion(s), thinly sliced
- 1/2 cup fat-free mayonnaise
- 1 tsp dark sesame oil
- 1/8 tsp table salt, or to taste
- 2 Tbsp cilantro, fresh, chopped
- 1/8 tsp black pepper, or to taste

Instructions

- Combine all ingredients in a large bowl and toss until thoroughly combined. Cover with plastic and refrigerate until ready to serve. Yields about 1 cup per serving.

Chef Tips

- **We Renovated Coleslaw by:**
 - Using fat-free mayonnaise instead of regular.
 - Adding a touch of sesame oil and cilantro to boost flavor for virtually no **POINTS**.